



North County Joint Union School District
 Spring Grove School
AUGUST
 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Start your day right!</p>	<p>11</p> <p>Choice of: Benefit Bar Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>12</p> <p>Choice of: Cinnamon Roll, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>
<p>15</p> <p>Choice of: Assorted Muffins, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>16</p> <p>Choice of: Egg/Sausage/Cheese Burrito Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>17</p> <p>Choice of: French Toast w/ Syrup, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>18</p> <p>Choice of: Egg/Sausage/Cheese Biscuit Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>19</p> <p>Choice of: Cinnamon Roll, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>
<p>22</p> <p>Choice of: Cinnamon Crumb Cake Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>23</p> <p>Choice of: Cheesy Ham and Eggs, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>24</p> <p>Choice of: Berry Scone, Chewy Bar Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>25</p> <p>Choice of: Benefit Bar, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>26</p> <p>Choice of: Cinnamon Roll, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>
<p>29</p> <p>Choice of: Assorted Muffins, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>30</p> <p>Choice of: Breakfast Pizza Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>	<p>31</p> <p>Choice of: Pancakes w/ Syrup, Bagel w/Cream Cheese, Yogurt w/Granola, or Cereal</p>		





PLEASE SUPPORT SPECIAL PROGRAMS AT SPRING GROVE SCHOOL BY FILLING OUT THE FREE/REDUCED MEAL APPLICATION YOU RECEIVE IN THE MAIL.



Offered daily with breakfast: 1% white milk or fat free chocolate milk, string cheese, fresh fruit, and 100% fruit juice. Students must choose 3 items including a fruit or juice to complete their meal. *Entrees count as two items.

AUGUST

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			11 PB&J Sandwich Cucumber, Baby Carrots Fruit Sorbet, String Cheese Goldfish Crackers	12 Domino's Cheese Pizza Tossed Salad, Carrots Celery Sticks, Peanut Butter Asst'd Fruit, Cookie
15 Hamburger Oven Baked Fries Lettuce, Tomato, & Pickles Oranges, Cinnamon Goldfish	16 Nacho Chips and Cheese Taco Meat, Refried Beans, Tossed Salad, Salsa Whole Fruit Sorbet	17 Chicken Nuggets Garlic Mashed Potatoes Mixed Vegetables, Apple Slices, Tiger Bites	18 Turkey and Ham Sandwich Lettuce & Tomato, Sun Chips Cucumber Spears, String Cheese, Oranges	19 Domino's Pepperoni Pizza Tossed Salad, Cheesy Bites Celery Sticks, Peanut Butter Carrots, Asst'd Fruit
22 Pork RibBQ Oven Baked Fries Steamed Broccoli, Applesauce	23 Beef & Cheese Taco Stick Refried Beans, Spanish Rice Side Salad, Dressing Whole Fruit Sorbet	24 Chicken Drumstick Garlic Knot, Green Beans Loaded Mashed Potatoes Oranges	25 *Breakfast for Lunch* French Toast w/ Syrup Sausage, Tater Tots, Edamame, Banana	26 Domino's Cheese Pizza Tossed Salad, Carrots Celery Sticks, Peanut Butter Asst'd Fruit, Cookie
29 Cheeseburger Oven Baked Fries Lettuce, Tomato, & Pickles Orange Wedges	30 Cheese & Grn Chili Quesadilla SW Corn, Refried Beans Tossed Salad, Salsa Strawberry Cup	31 Boneless Chicken Wings (honey siracha) , Fries Salad, Apple Slices, Peanut Butter, Cookie	What number n is $=$ 35% $.035$ of 90 ?	


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1% White Milk and Fat Free Chocolate milk are offered with every meal! Milk is not required; however, students must choose at least 3 food components INCLUDING A FRUIT OR VEGETABLE.

*Food Components = Meat/Meat Alternate(protein) , Bread/Grain , Fruit , Vegetable , Milk